

## Curriculum-- Positive Prevention PLUS: Sexual Health for California Youth

Lessons	Delivered by:
<b>Lesson 1: <i>Life Planning and Goal Setting</i></b> <ul style="list-style-type: none"> <li>• Visioning Activity</li> <li>• Lifeline Activity</li> <li>• Lesson Wrap UP and (next) Lesson Preview</li> </ul>	Teacher
<b>Lesson 2: <i>Healthy Relationships</i></b> <ul style="list-style-type: none"> <li>• Love and Intimacy</li> <li>• Recognizing problems</li> <li>• Recognizing and reporting sexual assault</li> <li>• Lesson Wrap Up and (next) Lesson Preview</li> </ul>	Community Provider
<b>Lesson 3: <i>Relationship Violence</i></b> <ul style="list-style-type: none"> <li>• Circle of Power and Control</li> <li>• Statutory Rape</li> <li>• Protect Yourself Activity</li> <li>• Lesson Wrap Up and (next) Lesson Preview</li> </ul>	Community Provider
<b>Lesson 4: <i>Family Planning and Contraception</i></b> <ul style="list-style-type: none"> <li>• Defining family planning</li> <li>• Understanding and accessing contraception</li> <li>• Choosing sexual abstinence</li> <li>• Lesson Wrap Up and (next) Lesson Preview</li> </ul>	Community Provider
<b>Lesson 5: <i>Myths and Stereotypes About HIV Infection</i></b> <ul style="list-style-type: none"> <li>• Biographies of HIV-Infected Persons</li> <li>• Personalizing Activity It's All Relative</li> <li>• Lesson Wrap Up and (next) Lesson Preview</li> </ul>	Teacher
<b>Lesson 6: <i>The HIV/AIDS Epidemic</i></b> <ul style="list-style-type: none"> <li>• Impact on Human Body</li> <li>• Transmission Myths and Facts</li> <li>• Mismatch Activity</li> <li>• Lesson Wrap Up and (next) Lesson Preview</li> </ul>	Teacher
<b>Lesson 7: <i>Protection and Communication</i></b> <ul style="list-style-type: none"> <li>• Identifying Risks for Transmitting HIV</li> <li>• Using Latex Barriers</li> <li>• Lesson Wrap Up and (next) Lesson Preview</li> </ul>	Community Provider
<b>Lesson 8: <i>Media and Peer Pressure</i></b> <ul style="list-style-type: none"> <li>• Recognizing Media Pressures</li> <li>• Practicing Assertiveness</li> <li>• Refuting Peer Pressure</li> <li>• Lesson Wrap Up and (next) Lesson Preview</li> </ul>	Teacher
<b>Lesson 9: <i>HIV/STD Testing and Community Resources</i></b> <ul style="list-style-type: none"> <li>• Sharing Body Fluids Activity</li> <li>• HIV/STD Testing and Counseling</li> <li>• Personal Contracts</li> <li>• Lesson Wrap Up and (next) Lesson Preview</li> </ul>	Teacher
<b>Lesson 10: <i>Steps to Success</i></b> <ul style="list-style-type: none"> <li>• Lifeline Revisited</li> <li>• Steps to Success Activity</li> <li>• Post-Test</li> </ul>	Teacher